



COURSE OVERVIEW

This overview of Play Sense teacher training will give you a firm understanding of the comprehensive course. On completion you will have all the information you need to teach our play-based curriculum and open your own micro-playschool.

MODULE 1 – Introduction to Play Sense [30 min]

Understand what sets Play Sense apart and why this will change the quality of education you deliver.

This module focuses on the core values of a Play Sense teacher, namely, to create a nurturing environment, to teach with passion and purpose, to provide excellence in education, to support the learning journey and provide personalized education. The ethical and philosophical foundation of Play Sense is discussed as the basis for the Play Sense Principals: home-based, free and guided play, social learning, play plans, sensory diet & learning journey.

MODULE OBJECTIVES:

- 1) Understand the Play Sense mission: to offer a unique, innovative, and personalized approach to early childhood development.
- 2) Understand the Play Sense Core Values which will inform your interaction with the children, parents, and the Play Sense community.
- 3) Understand the theory behind the Play Sense principles and how they inform the curriculum and your teaching techniques.



MODULE 2 – Play Sense Mandate [2 hours]

The Play Sense mandate is to develop self-regulation, socialization, passion for learning, executive function, and developmental skills. You will learn how to use the curriculum to achieve these critical soft skills in each individual child by understanding how children process sensory information and their emerging self-regulation.

MODULE OBJECTIVES:

- 1) Learn how each child's sensory profile can be used to ensure that learning opportunities are maximized.
- 2) Understand how to develop self-regulation in young children, in order to provide a basis for success in learning and life.
- 3) Learn how to create a learning environment that fosters social skills and develops a passion for learning.
- 4) Teach little ones to think critically and develop judgement, planning and cognitive skills.
- 5) To be able to come alongside children, at their level, and nurture the development of soft skills, Super Senses and developmental milestones.

MODULE 3 – Play Theory [1 hour]

True play is the key to a child's learning and development. This module focuses on the theoretical foundation of Play Sense: Play Theory.

An understanding of play theory will guide your teaching practice and is what informs our Play Sense pedagogy. We explore the Developmental Psychology Theorists (Piaget, Vygotsky and Erikson) and how their theories of development differ and impact your teaching skills. Philosophies of Early Childhood Development are explored, providing the basis to look critically at educational philosophies and analyze where our Play Sense philosophy overlaps and where it is unique.

MODULE OBJECTIVES:

- 1) Understand the theory behind the importance of play and its effect on development.
- 2) Be able to identify and nurture the elements of true play and encourage them in children.
- 3) Understand how to effectively apply the method of Guided Play in your play group.



MODULE 4 – Curriculum Overview [3 hours]

The Play Sense program is revealed with an overview of our playschool year, themes and daily routine. You will learn what we consider essential equipment to start a school in a home and why these items were chosen. The Play Sense techniques of teaching include book sharing, music, art, sensory, play plan, gross motor and outdoor play, reflection. You will learn how to practically conduct the program - from the set-up of a playroom to communication with parents, from tips to start your day to your initial parent teacher meeting.

MODULE OBJECTIVES:

- 1) Understand how the themes are presented throughout the year, and how to prepare for them.
- 2) Be able to maximize the effectiveness of your teaching by using the equipment, music, art and book sharing.
- 3) Be prepared and informed on how to handle difficult situations such as goodbyes, having nannies in the play group, and difficult interactions with parents (both related and unrelated to Play Sense).



MODULE 5 – Reflective teaching [1 hour]

In this module we will look at why it is important to be reflective teachers. By focusing and reflecting on the environment as well as the activity, the below techniques and models will assist you in becoming a skilled, proficient teacher.

- **PEO techniques** – develop a way of thinking, using the PEO model, to analyze the environment
- **Environment Analysis** – learn how to use the environment is the third teacher in your classroom.
- **Group Phase Theory** – explore the natural lifecycle and progression in any group. This can be applied to not only the child group in your school, but also the parent group.
- **Activity analysis** – understand which performance components an activity requires from a child and how to ensure you match an activity to their developmental stage.

MODULE OBJECTIVES:

- 1) Know how to access a situation, activity, or environmental component and adjust to ensure they optimal learning outcome.
- 2) Learn to link the environment in your classroom to the Play Sense Core Values.
- 3) Match developmental expectations to the Play Sense Curriculum.

MODULE 6 – Assessment and reporting [2 hours]

Assessment and measurement can improve the efficacy of your teaching. You will learn how to determine each child's learning style. You will learn about sensory stimulus and how a child's ability to process it directly impacts on their behavior, mood, development, and sleep (Sensory Profile). Learn how to understand play skill and developmental skill emergence. By communicating through weekly newsletters and quarterly love letters, you will ensure parents remain engaged and that your teaching is constructively developing each area of play skills, self-regulation and physical development.

MODULE OBJECTIVES:

- 1) Understand the mechanisms behind each child's learning style, and how to work with the individual to reach their potential.
- 2) Learn how to measure your programme's efficacy through understanding the child's emerging self-regulation and play skills
- 3) Learn techniques of effective communication with parents.

MODULE 7 – Practical toddler guide [45 minutes]

In this module we look at the Life of a Toddler. We focus specially on the following areas and how to manage them in your classroom:

- Toddler sleep
- Feeding
- Potty training
- Discipline
- Technology
- Play dates

MODULE OBJECTIVES:

- 1) How to manage and support parents with the normal, day to day, toddler challenges.
- 2) How to identify any concerns in these areas and have effective and child specific solutions (look at Sensory Profile of child, diet, etc.).
- 3) How to communicate, offer advice and work alongside the parents in these areas.



MODULE 8 – Business Management [2 hours]

Business management is something we are extremely passionate about at Play Sense. We are not only an education-focused business – we are a women empowerment business. Our business was founded with a deep-rooted passion for empowering teachers to do what they love, be well-remunerated, and be well-supported in their passion for providing high quality early childhood education. This module is dedicated to business management where we look at what it takes to be a successful entrepreneur and covers everything you need to know about starting and running your micro-school with the support of Play Sense.

MODULE OBJECTIVES:

1. Understanding what it takes to be a successful business owner.
2. Understanding the day to day operations requirements of running a business with best practice scenarios.
3. Understanding the importance of maintaining a good work/life balance and how this will impact our business.
4. Understanding the importance of flexibility in an ever-changing world.
5. Understanding the value of learning to be resilient and how this will assist you in your business management.
6. Understanding the impact of optimism on the success or failure of your business.



MODULE 9 – Play Sense Platform Training [1 hour]

Play Sense delivers the curriculum and school management on the platform Obami. In this module you will be given an overview of Obami. As well as shown how to access the curriculum and manage your school effectively from Obami.

MODULE OBJECTIVES:

- 1) Familiarize yourself with the Obami platform.
- 2) Be able to access the Play Sense curriculum as an Online or In-home teacher.
- 3) Be able to effectively manage your school, and keep records updated on Obami.

MODULE 10 – First Aid [40 min]

First aid training provides you with the confidence and capability to react immediately to an incident, injury, or illness. If you are an In-home teacher, it is compulsory to attend a First aid training course, this module is a recap of in-person training.

MODULE OBJECTIVES:

1. Recognize an emergency and evaluate a scene for safety.
2. Know when and how to activate EMS and interact with EMS.

We look forward to sharing all the information you will need to be an exceptional Play Sense Teacher. Enjoy your training!

